

Module specification

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Refer to the module guidance notes for completion of each section of the specification.

Module code	EDN406
Module title	Preparing for University
Level	4
Credit value	20
Faculty	Social and Life Sciences
Module Leader	Helen Coleman
HECoS Code	100459
Cost Code	GAEC

Programmes in which module to be offered

Programme title	Is the module core or option for this programme
BA (Hons) Working with Children and Families	Stand alone module

Pre-requisites

N/A

Breakdown of module hours

Learning and teaching hours	20 hrs
Placement tutor support	0 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total active learning and teaching hours	20 hrs
Placement / work based learning	0 hrs
Guided independent study	180 hrs
Module duration (total hours)	200 hrs

For office use only	
Initial approval date	08/03/2021
With effect from date	01/05/2021
Date and details of revision	
Version number	1

Module aims

This module aims to help students prepare for university life by introducing both academic and practical tips and hints for studying and living at university. This module focuses on helping students prioritise their mental and physical health and wellbeing, while developing an awareness of their academic development needs and supporting them to create a realistic strategy on how to achieve them while at university.

Module Learning Outcomes - at the end of this module, students will be able to:

1	Demonstrate an ability to plan finances.
2	Assess the importance of prioritising mental and physical health and wellbeing.
3	Identify where to find relevant information for academic studies.
4	Develop an action plan for developing academic skills.

Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

During the module students will produce a portfolio which demonstrates an ability to plan their finances, recognise the importance of prioritising their mental and physical health and wellbeing, highlight their ability to identify appropriate sources to find relevant information for their academic studies and culminate in the development of an action plan for their academic skills.

Students will be expected to engage with the online Moodle assessments which will enable them to present views in a clear and coherent way, in line with academic conventions. This will be a 2,500 word count equivalent. The portfolio will consist of the following components;

- A plan of a budget
- A reflection that outlines approaches to prioritising mental and physical health and wellbeing
- Relevant information to support your studies
- An action plan for developing academic skills

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1,2,3 & 4.	Portfolio	100%

Derogations

N/A

Learning and Teaching Strategies

The module is taught through a combination of lectures and workshops. An active and inclusive approach is used to engage learners in the topics and will involve individual, group work and flipped learning experiences aligned to the university's Active Learning Framework (ALF). The approach offers students a flexible and adaptive learning experience that can accommodate a range of options that includes both synchronous and asynchronous where students can access their learning at a time and place to suit themselves.

The Moodle VLE and other on-line materials and resources will be available to support learning. ALF offers a balance between the online classroom elements and digitally enabled activity incorporating flexible and accessible resources and flexible and accessible feedback to support learning.

Indicative Syllabus Outline

Organising your life

Finances

Mental and physical health and well-being

Planning your academic success

Identifying resources

Time-management

Developing your skills

Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads

Coleman, H. (2020), *Your Super Quick Guide to University*. London: SAGE Publications Ltd.

Other indicative reading

McIlroy, D (2003). *Studying at University : How to be a Successful Student*, SAGE Publications, 2003. *ProQuest Ebook Central*, <https://ebookcentral.proquest.com/lib/glyndwr-ebooks/detail.action?docID=343945>. Electronically Accessed 20 February 2021.

Employability skills – the Glyndŵr Graduate

Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas. [Click here to read more about the Glyndwr Graduate attributes](#)

Core Attributes

Engaged
Enterprising
Creative

Key Attitudes

Commitment
Curiosity
Resilience
Confidence
Adaptability

Practical Skillsets

Digital Fluency

Organisation

Emotional Intelligence

Communication